



# Clear Creek Camp Packing List

Please review this list carefully.

**Bedding** bundled in a heavy-duty garbage bag with student name clearly visible on the outside.

- Sleeping bag
- Pillow
- One empty extra heavy-duty garbage bag with name on outside to pack up bedding for the trip home

## Clothing and Personal Care Items

packed in a suitcase or duffle bag.

- Four pairs of **full-length pants** (**No shorts**, cutoffs or capri pants)
- Four shirts (No tank tops or halter tops)
- Pajamas
- Four changes of underwear
- Four pairs of socks
- Hiking shoes or sturdy gym shoes
- Flip flops or shower shoes (only for showering)
- Sweatshirt, light coat, or jacket (Summer evenings in the mountains are often chilly.)
- Dirty clothes bag
- Conditioning shampoo
- Soap (gel soap is recommended, bar soap should be in plastic soap dish)
- Bath towel
- Washcloth (optional)
- Toothbrush and toothpaste
- Comb or brush

## Special Items

- 1 – large round metal #10 food-storage can *with both ends removed* for trap making. (We recommend you **decorate the can** with colored paint or duct tape and **student name** for easy identification.)
- 1 – Bread-loaf-sized plastic sack (for collecting flowers and other range plant samples.)

## Optional Items

- Camera (clearly labeled with student's name)
- Sunglasses
- Binoculars
- Water shoes and swim shorts for students who desire to participate in the mountain stream investigation by wading in the stream to collect aquatic organisms (mayfly larva, worms, etc.)

## Small Lightweight Day Pack

for field activities

- Good-quality **water bottle** (essential for hydration)
- Insect repellent (avoid aerosol cans)
- Lip balm
- Sunscreen
- Rain poncho (Summer rain in the mountains is common.)
- Hat (optional)

## Forbidden Items (Do NOT bring!)

- Candy
- Gum
- Food or treats of any kind
- Soda pop
- Pocketknife
- Fireworks
- Toys
- Cell phone
- CD Player or radio
- mp3 player, iPod, iPad, computer, etc.
- Video or other electronic games
- Flashlight
- Playing cards
- Practical joke supplies
- Money

- **Students must be responsible for all personal items.**
- **All gear except for the metal can should be packed in a suitcase or duffle bag.**
- **Sleeping bag and pillow should be in a heavy duty garbage bag.**
- **Student's name should be on the outside of all luggage.**
- **Student's name should be on all items of value.**
- **For nutritional purposes and for pest control reasons, *please do not send snacks or food of any kind.***